

Adventure Guides Training Course

Course Director: Chris Cartwright, International Adventure Guide and Training Consultant from the UK

This course is designed for all tour guides in Mongolia who wish to lead or will be part of a leadership team on trips, tours and expeditions in Mongolia where the group will be travelling in a wilderness or mountain area.

Syllabus Adventure Guiding in the Wilderness areas of Mongolia in Summer conditions.

Introductory Based in Ulaan Baatar, we will cover the **FUNDamentals of Adventure Guiding**, while preparing the participants for undertaking the next Levels of training.

- Personal and group Clothing and equipment
- Camping, food and cooking
- Wilderness travel and care of the environment
- Safety management principals
- Group management and Leadership skills
- Communication skills
- Managing client expectations
- The mountain and wilderness environment
- Food, nutrition and water
- The effects of weather
- Travelling in extreme environments and at altitude

Intermediate **First Aid and Emergency Rescue Skills.** We will spend the first 2 days in Ulaan Baatar covering the aspects of First Aid. Then we will spend 2 whole days in Terelj NP looking at the practical aspects of dealing with emergencies in the countryside.

- The **A B C D's** of First Aid.
- Dealing with incidents
- Casualty Assessment and management
- Search, rescue and evacuation

Advanced **Leadership in the Mountains,** Navigation, Hazard Management and Risk Assessment. We will spend the two days on an expedition in Terelj NP, practically looking at the major aspects of party Leadership.

Diploma **Security on steep loose and broken ground.** On this 4 day self sufficient expedition we will re-cover all aspects of the syllabus covered so far, in a practical hands on manner. And introduce the concepts of Leadership and Group management on steep, loose and broken ground.

- Notes**
- All technical equipment (tents, cooking and eating equipment, ropes, sleeping mats, etc) will be supplied and are included in the cost. Personal food and meals will (wherever required, away from UB) be provided and are also included in the cost.
 - All personal clothing and equipment (boots, waterproofs, sleeping bag, etc.) will need to be provided by the participants. *Don't buy them beforehand because the first course will explain all about what to buy.*
 - Transport to and from the venues is not included, but we will do our best to keep these to a minimum by sharing vehicles / taxis etc.
 - **To maintain the best Instructor student ratio the maximum group size will be 12 participants.**

Course dates	Introductory	2 days	Ulaan Baatar	Late March 2009
	Intermediate	4 days	Ulaan Baatar & Terelj NP	Mid April 2009
	Advanced	2 days	Terelj NP	Mid May 2009
	Diploma	4 days	Terelj NP	Start June 2009

Price on application, please email training@gowildernessmongolia.com